

ADVANCED CHIROPRACTIC

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A Word from Dr. Morgan

When I started my practice in 2009, I had a strong desire to create a practice that was the exact opposite of my own personal experience in a doctor's waiting room, where I was greeted by gruff employees and waited for an hour before seeing a doctor who didn't appear to hear – or care about – anything I said.

That experience lit my desire to create a practice that would be completely centered on the patient. A place that was comfortable, where we would offer care that was convenient, personalized, effective and a good value. I wanted our patients to trust us, and believe we were truly committed to their care. But most of all, I wanted them to feel hope. Hope that transformation was possible, and that they would experience real relief, long-lasting results, and an improved quality of life.

Our team has created a multi-disciplinary clinic, where we utilize a team approach to provide a full range of effective, conservative treatments. **We are happy to be adding Dr. Kendra to our Advanced Chiropractic team!**

Meet Dr. Kendra Chowning

Dr. Kendra Chowning grew up in Sweetwater, Texas. After graduating High School, she attended The University of Texas in Austin where she was employed as a chiropractic assistant.

Her strong love for chiropractic took her to Parker College of Chiropractic in Dallas, where she graduated with honors! She specializes in knee pain, bone on bone, neck & backpain, as well as neuropathy, .

“My number one priority is to ensure my patients' have the best care possible. My goal as a Chiropractor is to treat and educate as many people as possible through the natural art of chiropractic. I am beyond excited to be apart of the team here at Advanced Chiropractic & Spinal Rehab.”



Morgan Family Update

Let the games begin! It's that time of year where our afternoons and evenings are fun filled with baseball! This year we have two boys playing which means we will spend 4 nights a week at the ballpark. Our oldest is in machine pitch this year and our middle boy is playing his first year of t-ball.

Parker, our 5 year old ,was way more excited about getting his snow cone after the first game than the actual baseball game! If you have a t-baller or have had a kid play in the past, you know exactly what I'm talking about! Haha After the game, Crystal went to get him out of the dugout and by the time she got there he was gone! She of course goes into mommy mode and starts worrying and asking everyone if they've seen him. Well, I ended up seeing him and I grabbed his helmet and glove and we headed to get his snow cone. Later that day, Crystal asked where Parker's bat was, and I said "I don't know but I have his helmet." She looked at me confused and said "What helmet? He didn't bring his batting helmet today?"

He was so excited about getting his snow cone, he ran out of the dugout with someone else's helmet on and without his bat and glove! We didn't even notice until 3 hours later!

It may be a LONG snowcone....
oh I mean T-Ball season!

Speaking of long, our days are getting longer and the days are getting warmer! Its important to stay well hydrated! And get some shade when your feeling overheated!



Healing Solutions for Knee Pain

Are you looking for a superior level of treatment for your injured knee or chronic knee pain? There are **highly effective** treatments for knee injuries that you probably do not know about. A great number of our clients have achieved their goal of overcoming a debilitating knee injury and have returned back to their regular activities **sooner than expected**.

For years, professional athletes (and privileged individuals) have had access to state of the art treatment therapies that allow them to heal **more quickly** and **more completely** than you or I. This is why athletes that have a serious knee injury can often get back in the game in a matter weeks, while you could suffer for months or even years (in chronic cases). Fortunately, with some of breakthrough products that have been engineered, professional treatment is now available to anyone who needs it.

Knee Pain can happen to anyone, not just **professional athletes**. Right now, there are thousands of doctors and physical therapists dealing with patients that require a solution to **treat their injury fast and heal it** (where possible). Maybe they are competitive golfers or football players that must return to their sport quickly (downtime=money), or perhaps they are just patients that are unwilling to just take pain pills, lay in bed and wait. Regardless of who you are or your reasons, if you want to be proactive about **properly** addressing your injured knee, speak with Dr. Morgan about our new laser therapy treatments . We have many happy customers that have healed their knee injury **faster than they expected** as well as significantly reduced their pain during treatment.



New Laser Therapy could be the Solution to Your Knee Pain !!!



Life's better when you're laughing!

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Success Stories of the Month

"I had two very bad knees. I couldn't play tennis anymore. My toes were very numb. But I feel much, much better. I feel very good after six treatments. I feel 80 % better.
-Elfreide W. -Abilene, TX

" I had trouble with my knee and could not climb stairs, except for the handrail bringing me up. Now I use one hand to climb the stairs. Now, I don't feel any pain. After six treatments , I have zero pain. I'm thrilled with that, and it hasn't awakened me at night. The function of my knee is far better because I can walk up and down the stairs, but I hold the banister. **My** back was to the point where it doubled me over, and I couldn't stand up to use my knees. Before, I couldn't pop up, and I've start walking more upright. I am so thrilled just to be able to stand up straight." -Aletyha A. -Clyde, TX